



**Benjamin Rose Institute**  
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**Contact:**

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**Project Description: Care Consultation**

**Evidence-based Solution & Project Description:** Care Consultation is an evidence-based program developed for caregivers of persons with dementia. Care Consultation is a telephone-based coaching intervention that develops and maintains a long-term relationship with both caregivers and care receivers. It provides specialized information, emotional support, and assistance with mobilizing the family care network and community resources. Dr. David Bass, one of the developers of the Care Consultation intervention, will provide technical assistance and staff training for the program.

**Community-Based Organization:** Benjamin Rose Institute is a non-profit, non-sectarian geriatric service and research organization founded in 1908. BRI is an innovator in services for the elderly and their caregivers, applied aging research, and advocacy. This translational project is a collaborative effort between two of BRI's Institutes: The Eldercare Services Institute (ESI) and the Margaret Blenkner Research Institute (MBRI). ESI was established to offer a wide range of services geared toward helping older adults and their caregivers keep older adults at home in a healthy and safe environment. Their mission is to advance the health, independence and dignity of older adults by raising the standards for quality care. MBRI is one of the oldest non-academic research centers in the U. S., and focuses on translating empirical findings into useful, sustainable products and services.

**Target Population:** Care Consultation will be targeted to family caregivers whose older relative resides in Ohio's 11<sup>th</sup> Congressional District. This district was chosen because it has a large population of low-income and African American families and is the location of BRI offices. Approximately 20 – 30 families will receive the Care Consultation intervention in the first year of the project. Year one outcomes will primarily focus on issues of implementation and ensuring fidelity. This will include translating all of the protocol forms and materials used in the original model, training staff, establishing a process for regular and ongoing supervision and monitoring. Expected outcomes for the caregivers participating in the project are decreased managed care utilization, improved satisfaction with care services, and decreased caregiver depression.