

Post-Test Questions

1. What percentage of people in the general population is likely to have major depression in their lifetime?
 - a. 1 out of 2
 - b. 1 out of 6
 - c. 1 out of 50
 - d. 1 out of 100
 - e. 1 out of 1,000

2. The Patient Health Questionnaire 2 (PHQ-2) is made up of which questions?
(Select all that apply)
Over the ***last 2 weeks***, how often have you been bothered by any of the following problems?
 - a. Feeling tired of having little energy
 - b. Little interest or pleasure in doing things
 - c. Trouble concentrating on things, such as reading the newspaper or watching television
 - d. Feeling down, depressed, or hopeless
 - e. Feeling bad about yourself – or that you are a failure of have let yourself or your family down

3. Only clients who have a total PHQ9 score of 20 to 27 points (Severe depression) should be referred for further assessment of depression.
 - a. True
 - b. False

4. The PHQ2 and PHQ9 are well-studied tools that are used to provide a definitive diagnosis of major depressive disorder.
 - a. True
 - b. False

5. Depression is:
(Select all that apply)
 - a. A normal and acceptable part of the older adult experience
 - b. An emotional disturbance usually experienced by persons with weak morals
 - c. A physical disorder of the brain
 - d. A disorder that almost never occurs among persons with Alzheimer’s disease
 - e. A disorder that often occurs among persons with chronic illness

6. Some people with depression may report not feeling sad.
 - a. True
 - b. False

7. When giving someone the PHQ2 and PHQ9, you ask them to answer based on:
 - a. The past week of their life
 - b. The past 2 weeks of their life
 - c. The past month of their life
 - d. The past 3 months of their life
 - e. None of these

8. When administering the PHQ9, you should use good own judgment as to whether to ask about suicide because bringing up the subject may give the person the idea to kill themselves.
 - a. True
 - b. False

9. Based on national statistics, which group has the highest rate of death by suicide?
 - a. Black male older adults
 - b. White male teenagers
 - c. White males older adults
 - d. Black females in middle age
 - e. White females in middle age

10. The PHQ9 can be used for:
(Select all that apply)
 - a. Educating the client and/or family member about depression symptoms
 - b. Communicating with the client's doctor about their depressive symptoms
 - c. Making a definite diagnosis of major depressive disorder
 - d. Tracking the client's depressive symptoms over time
 - e. Forcing the client to take medication for depression