Multiple Choice

1. Which of the following are important for rapport building?
   a. Listening
   b. Validating
   c. Empathy
   d. All of the above

2. What should be addressed first?
   a. Financial concerns
   b. Safety
   c. Technological support
   d. None of the above

3. What is a technological support for a care recipient who is home alone but always forgets to take their medication?
   a. Loud alarm clocks
   b. Automatic pill dispenser with reminders
   c. A neighbor to come knock on the door when it is time for meds
   d. Having them just not take their medicine

4. Which of the following would be a safety issue that needs to be addressed sooner rather than later?
   a. Care recipient driving
   b. Care recipient preferring only unhealthy foods
   c. Family members arguing over placement
   d. None of the above

5. What could be suggested for a caregiver who is on the verge of burnout?
   a. Respite services
   b. Adult day center
   c. Stress management techniques
   d. All of the above
6. What is a way a caregiver could get social support without having to leave their house?
   a. Watching soap operas
   b. Online support groups
   c. Both A (Watching soap operas) and B (Online support groups)
   d. Neither A (Watching soap operas) nor B (Online support groups)

7. Which of the following might be a tip you could give a caregiver to help manage problem behaviors?
   a. Don’t argue
   b. Plan ahead
   c. Calm yourself
   d. All of the above

8. Who might be a member of the family’s care team?
   a. Nurses
   b. Friends
   c. Family members
   d. All of the above