

Dementia Capable Webinar Series Post Test:
“Tailoring Dementia Services to Family and Individual Needs” presented by
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Provided by the *Rosalynn Carter Institute for Caregiving*
In partnership with the *Georgia Division of Aging Services*

Multiple Choice

1. Which of the following are important for rapport building?
 - a. Listening
 - b. Validating
 - c. Empathy
 - d. All of the above

2. What should be addressed first?
 - a. Financial concerns
 - b. Safety
 - c. Technological support
 - d. None of the above

3. What is a technological support for a care recipient who is home alone but always forgets to take their medication?
 - a. Loud alarm clocks
 - b. Automatic pill dispenser with reminders
 - c. A neighbor to come knock on the door when it is time for meds
 - d. Having them just not take their medicine

4. Which of the following would be a safety issue that needs to be addressed sooner rather than later?
 - a. Care recipient driving
 - b. Care recipient preferring only unhealthy foods
 - c. Family members arguing over placement
 - d. None of the above

5. What could be suggested for a caregiver who is on the verge of burnout?
 - a. Respite services
 - b. Adult day center
 - c. Stress management techniques
 - d. All of the above

6. What is a way a caregiver could get social support without having to leave their house?
 - a. Watching soap operas
 - b. Online support groups
 - c. Both A (Watching soap operas) and B (Online support groups)
 - d. Neither A (Watching soap operas) nor B (Online support groups)

7. Which of the following might be a tip you could give a caregiver to help manage problem behaviors?
 - a. Don't argue
 - b. Plan ahead
 - c. Calm yourself
 - d. All of the above

8. Who might be a member of the family's care team?
 - a. Nurses
 - b. Friends
 - c. Family members
 - d. All of the above