Dementia Capable Webinar Series Post Test:
“Tips for Family Caregivers - Learning New Strategies” presented by Naomi Latini

Provided by the Rosalynn Carter Institute for Caregiving
In partnership with the Georgia Division of Aging Services

Multiple Choice

1. How many hours per day of care do dementia caregivers report?
   a. 10-12
   b. 12-18
   c. 16-22
   d. 20-24

2. What is something you can do when visiting your loved one’s doctor if they will not allow you to come into the examining room with them?
   a. Demand they allow you to
   b. Sneak in the room when they aren’t looking
   c. Plead with the front desk staff to let you listen at the door
   d. Call the doctor ahead of time with your concerns

3. If you are caring for someone who lives alone, what is one legal document that may make things easier?
   a. Power of Attorney
   b. Deed to their house
   c. Their birth certificate
   d. Marriage certificate

4. For someone living alone, why is it important to keep their refrigerator cleaned out?
   a. To ensure they don’t have rotten food
   b. To ensure they don’t have expired goods
   c. To ensure they have easy and healthy options to choose from
   d. All of the above

5. If you are long distance caregiving, who could be a part of your care team?
   a. Church members or close friends
   b. Neighbors
   c. Home health aids
   d. All of the above
6. What is a meaningful activity you could try if your loved is shadowing you?
   a. Sorting laundry
   b. Cooking a pie for you from scratch, using the oven alone
   c. Mowing the lawn
   d. B (Cooking a pie for you from scratch, using the oven alone) & C (Mowing the lawn)

7. When might it be good to keep a spare of important items?
   a. If my loved one is shadowing me
   b. If my loved one is paranoid or suspicious
   c. If my loved one has intimacy concerns
   d. All of the above

8. How might you handle your concerns about intimacy?
   a. Remember that there is no one correct answer
   b. Consider your own needs
   c. Seek guidance from others or professional guidance
   d. All of the above