

Mental Health and Dementia/Disability Issues Quiz

1. True or False? All types of dementia are progressive and not able to be cured.
 - a. True
 - b. False
2. What is the most significant risk factor for Dementia?
 - a. Age
 - b. Socioeconomic Status
 - c. Gender
 - d. Race
3. Which of the following symptoms are associated with Dementia?
 - a. Loss of cognitive abilities (e.g., memory, speech)
 - b. Depression
 - c. Hallucinations
 - d. All of the above
4. True or False? Validation therapy uses a direct approach in order to confront patients about their dementia.
 - a. True
 - b. False
5. Most of the drugs currently approved by the U.S. Food and Drug Administration (FDA) for Dementia fall into a category called:
 - a. Narcotics
 - b. Cholinesterase inhibitors
 - c. Benzodiazepines
 - d. Beta Blockers
6. True or False? As a caregiver, allow your loved one as much freedom as possible.
 - a. True
 - b. False
7. By 2030, the number of older Americans is estimated to reach roughly ___% of the U.S. Population.
 - a. 10%
 - b. 15%
 - c. 20%
 - d. 30%
8. Common reactions to losing someone to dementia are:
 - a. Guilt
 - b. Burden
 - c. Anger
 - d. All of the above
9. _____ represents the highest percentage of behavioral problems in dementia.
 - a. Physical Abuse
 - b. Verbal Abuse
 - c. Resisting Care
 - d. Disruptive/Socially Inappropriate behavior
10. True or False? When recent memory fails, older adults restore balance to their lives by retrieving earlier memories.
 - a. True
 - b. False