Coaching for Empowerment

True or False:

__f__ People who are good case managers will automatically make good coaches.

__f__ You get people to think for themselves by sitting quietly while they talk about their problem.

__f__ Promising to help the client completely solve their problems is the best way to motivate them.

__f__ When you “Nail down the Problem” you are trying to make it seem less important so the client won’t be so bothered by it.

__f__ It is important to keep the possible solutions within the realm of possibility when you are brainstorming with the client.

__f__ When you are evaluating the possible solutions, you share with the client your opinion on how it might work.

__f__ When you are helping the client develop an action plan for their solution, it is important to make the steps as broad as possible to give them flexibility if it doesn’t go as planned.

__t__ One way to determine if you are acting as a coach or a case manager with a client is noticing who is doing the most talking.

__f__ If you do not agree with the solution the client is proposing, you should guide them toward the solution you think is best.

__t__ When problem solving, it is important to understand specifically why this is a problem for the client.