Care Planning: A Strengths-based Approach

Post Test Questions

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1. Care planning is part of the continuum that begins with assessment because:
   a. It helps identify complex care needs
   b. It provides a baseline for checking progress toward goals
   c. It measures the effectiveness of an intervention
   d. **All of the above**

2. Primary life domains that form the basis of the assessment, preferences and care planning include:
   a. Biological
   b. Social
   c. Cultural
   d. Spiritual
   e. **All of the above**

3. A strength-based plan of care can be developed through use of a traditional problem-focused assessment.
   a. **True**
   b. False

4. The naming of case management steps in a strengths-based approach reflects its focus on the client and his/her personal preferences and capacity. Some of those steps include:
   a. **Personal goal planning**
   b. **Continuing collaboration**
   c. Termination

5. An example of a client strength that can mitigate another area in his life is a high level of cognitive functioning paired with several functional impairments.
   a. **True**
   b. False

6. Care planning with a couple or family differs from working with an individual living alone because:
   a. The partner or family members may help or hinder the process
   b. You evaluate the “team” versus the individual strengths and challenges
   c. If offers an opportunity to evaluate team competence
7. Of equal importance but **most** important in developing a care plan are:
   a. Service needs and implementation
   b. Willingness or unwillingness to accept services
   c. **Level of risk and goals**

8. Information gathered in the assessment guides care plan development in response to strengths/needs in the following domains:
   a. Functional capacity
   b. Cognitive status
   c. Informal support
   d. Environment
   e. **All of the above**

9. Evidence shows that the following method of tasks assignment is most effective because it builds problem-solving skills:
   a. Case manager completed tasks
   b. Tasks completed by case manager and client together
   c. **Tasks implemented and completed by the client**

10. Following care plan development, the **most** important case management follow up task is:
    a. Arranging the services
    b. **Evaluating the plan**
    c. Calling service providers to ensure client satisfaction